



## Holistic Development of Family (HDF)

### Concept

Jains, world over have been known for being an entrepreneurial community, rich in its culture, traditions and its philanthropic activities.

The Jain Samaj has built religious establishment's like Sthanaks / Upashrays / Bhavan's all across India, for religious, spiritual and social purposes in all sampraday's. Our Jain Sadhu/Sadhavi's have been working tirelessly to imbibe the Jain culture, moral and values to society through different platforms via these establishments.

However, off late, we have been noticing a paradigm shift in the audiences participating in the religious establishment programs. There is a certain disconnect is our today's samaj. Our younger generation is not being attracted to attend, for reasons many. It was felt necessary that each of the Jain Families must be a part of a large network and have a global reach to enhance and synergise the community strengths.

Bharatiya Jain Sanghatana conducted a needs analysis, first a general community meeting, followed by specific age-group wise meetings to ponder over the needs of society, reasons on low-participation, and what will encourage them to participate. The analysis drew upon the point that today's Jains are additionally looking at the Sthanak as a platform for:

1. Networking
2. Skill development
3. Knowledge Up gradation
4. Need-based, age-group wise programs
5. A place where all members of the family connect with respective fellow Jains and create a Strong Jain Community.

Bharatiya Jain Sanghatana announced the pilot implementation of "Holistic Development of Family", a well-researched, technology backed, documented in detail, scalable project which includes programs for all members of a family in the form of lectures/seminars/workshops/ classes designed to be implemented at various locations.

### Objective

The main objective of the project is to optimally utilize all the religious establishments Sthanaks / Upashrays / Bhavan's all across India, irrespective of sampradays. Weaving the Maharajsaab knowledge and guidance at these centers and implementing need based programs of Educational, Social, Cultural and Spiritual necessity for community development that will attract all especially the younger generation. These will further lead to Knowledge Up gradation, Skill Development & Networking among various age groups within the Community. Thus these centers could be seen as One

Stop solutions for all the social requirements of the Community to create a strong and lasting Community bond.

### Methodology

The Holistic Development of Family project comprises of programs for all age groups across the following Thrust Areas:

1. Little Explorers (4 - 13 years): At schooling age, activities are focused to enhance their brainpower, moral & value education, co/extra-curricular, physical fitness skills etc.
2. Y-Jaineration (14-24 years): Where aptitude assessment, soft-skills building, career guidance, empowerment of girls, marriage will be the focus.
3. Young Professionals (25-40 years, male): A turning point, where passion for growth is backed by a large network of fellow Jains to exchange ideas, pursue learning and share best practices to achieve personal and professional success.
4. Leading Ladies: (25-40 years, female): Creative home management skills will be honed to include cooking, home decoration, child development, lectures on various subjects by experts, etc.
5. Family Heads (40+ years): Happy family management, business strengthening, delegation and decision making, retirement with pride, health awareness issues will be addressed

Some programs have been developed in-house and for some subjects, BJS invites experts to come and present their subjects in the form of panel discussions, lectures, workshops, classes, etc.

### Benefits

1. Imbibe a culture for all members of a family to come to the sthanak
2. Nurturing religious attachments
3. Being a part of a strong networked samaj
4. Formation of social circles
5. Social Security
6. Increased knowledge
7. Opportunities for building new skills for economic development
8. Collective bargaining for workshops / classes
9. Addressing family and society gaps
10. Health informed society
11. Platform to integrate all sub-sects of society
12. Spiritual Awakening